

WC Division of
Aging & Disability
Services
1-877-222-3737
908-475-6591

May

Warren County Community Senior Center 2024 Phillipsburg Activity Calendar



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|---|
| | | | 1 | 2 | 3 |
| | | | YOGA WITH LIZ 11:15 AM | Warren County Garden Club  |  |
| | 6 | 7 | 8 | 9 | 10 |
| | 1 ^{TA}  Fun with Maria 11-12 |  | YOGA WITH LIZ 11:15 AM | ZUMBA WITH  NDY 11 AM |  |
| | 13 | 14 | 15 | 16 | 17 |
| | 11am  |  | YOGA WITH LIZ 11:15 AM |  Nutrition |  |
| | 20 | 21 | 22 | 23 | 24 |
| | 11am TAI CHI |  | YOGA WITH LIZ 11:15 AM | ZUMBA WITH SANDY 11 AM |  |
| | 27 | 28 | 29 | 30 | 31 |
| | HOLIDAY CLOSED  | Medicare Minutes With Cindy  | YOGA WITH LIZ 11:15 AM  |  Techniques for Dealing with Anxiety with Marcy 11-12 noon | Birthday Celebrations  |

New & Notices

**Phillipsburg Senior
Center**
310 Firth Street
Phillipsburg, NJ
908-859-2423

Look for your
Summer Farmer
Market Benefits
Application's
Coming Soon!!!

