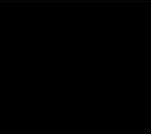


WC Division of
Aging & Disability
Services
1-877-222-3737
908-475-6591

April 2024

Warren County Community Senior Center
Washington Activity Calendar



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|----------------------------|------------------------|---|
| | 1 | 2 | 3 | 4 | 5 |
| | Fun with Maria | TAI CHI WITH 10:30 AM | BINGO | YOGA WITH LIZ 10:30 am | ZUMBA WITH SANDY 11 AM |
| | 8 | 9 | 10 | 11 | 12 |
| | RUTGERS Nutrition with Sherri | TAI CHI WITH 10:30 AM | Medicare Minute with Cindy | YOGA WITH LIZ 10:30 am | ZUMBA WITH SANDY <i>Cancelled</i> Warren County Garden Club |
| | 15 | 16 | 17 | 18 | 19 |
| | Music with Greg Sti | <i>Cancelled</i> Senior Fire Prevention with Joe Fox Warren County Dept. of Public Safety | BINGO | YOGA WITH LIZ 10:30 am | ZUMBA WITH SANDY 11 AM |
| | 22 | 23 | 24 | 25 | 26 |
| | Keeping Your Brain Healthy as You Age | TAI CHI WITH 10:30 AM | BINGO | YOGA WITH LIZ 10:30 am | ZUMBA WITH SANDY 11 AM |
| | 29 | 30 | 31 | | |
| | Warren County Sheriff's Department Senior ID's | TAI CHI WITH 10:30 AM | Birthday Celebrations | | |

New & Notices
Washington Community Senior Center
33 Brass Castle Rd
Washington, NJ
908-689-0650

Virtual Exercise is available via zoom call
908-475-6591 for more info

