Warren County Area
Intellectual/Developmental
Disabilities (I/DD)
Quick Reference
Resource Manual
For Youth

2023 3rd Edition

Created by the Warren County Children's InterAgency Coordinating Council (CIACC) I/DD Subcommittee

Welcome to our road map of service providers for residents in Warren County New Jersey. We have tried to categorize the service providers into sections that would best help families seeking supports for their loved ones. These service providers are not the sole providers in the area, but a starting block for you to begin your search. The agencies listed within are subject to change.

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# First Steps

# **Social Security Administration-**

20 East Clinton St. Newton, NJ 07860 (1-800-772-1213)

134 Fourth Street Easton, PA 18042 (1-866-964-5056)

9090 Franklin Hill Road East Stroudsburg, PA 18301 (1-888-835-6169)

https://www.ssa.gov/

Apply under 18: <a href="https://www.ssa.gov/benefits/disability/apply-child.html">https://www.ssa.gov/benefits/disability/apply-child.html</a>

https://ssa.gov/policy/docs/ssb/v75n3/v75n3p35.html

Apply at age 18: <a href="https://www.ssa.gov/policy/docs/ssb/v75n3/v75n3p35.html">https://www.ssa.gov/policy/docs/ssb/v75n3/v75n3p35.html</a>

Apply for SSI (Social Security Income)

Apply for SSD/Medicaid

https://www.ssa.gov/myacount

# Perform Care/NJ Children's System of Care- Behavioral Health; Intellectual Disability Services; Substance Use

#### **Treatment**

300 Horizon Dr. Trenton, NJ (877-652-7624)

https://www.performcarenj.org/

Contracted System Administrator for the publicly funded developmental disability service delivery system for children and youth up to age 21. They can provide:

- Clinical and therapeutic interventions
- Applied Behavior Analysis (ABA)
- Individual Support Services (ISS)
- Includes skill development for activities of daily living, including self-care tasks and the enabling of an individual to live independently in the community
- Family Support Services (FSS)
- Respite
- Assistive Technology
- Educational Technology
- Out-of-Home (OOH) treatment
- Summer Camp Assistance
- Application for Developmental Disability Eligibility to receive Disability Services

#### Early Intervention (EI) -

Statewide toll free referral number (888-653-4663)

https://www.nj.gov/health/fhs/eis/

- Provides early intervention services (EI) for families and toddlers from birth to 3 years old with developmental concerns.
- Services include developmental interventions, family training, infant massage, Occupational therapy, physical therapy, and speech therapy
- Provides evaluations, assessments, on-going services, family supports and transition to preschool services.

• Early intervention services are designed to address a problem or delay in development as early as possible. The services are available for infants and toddlers up to age three. Contracted agencies serve as the Early Intervention Program providers (EIPs) and arrange for early intervention practitioners to address the needs of eligible children and their families

# Warren County Health Department Special Child Health Management Unit

Warren County Health Department SCHS, 700 Oxford Road Oxford, NJ 07863

https://www.warrencountynj.gov/government/health-department/public-health-nursing/special-child-health-services

Email: wcschs@co.warren.nj.us

- Assess each child, birth through age 21, to determine how needs are being met and discuss ways to fulfill unmet needs
- Provide information about the NJ Family Care Program
- Provide information about the Catastrophic Illness in Children Relief Fund Program.
- Develop and review an Individual Service Plan
- Refer to appropriate federal, state, and local resources.
- Coordinate and monitor the delivery of services.
- Serve as an advocate for the child and family.

#### Project First Step -- Provider of Services EI (Early Intervention)

319 West Washington Avenue Washington, NJ 07882 (908)-689-4542)

https://www.arcwarren.org/services/early-intervention/

- Provides early intervention services (EI) for families of infants and toddlers from birth to 3 years old with developmental delays or disabilities
- Services include developmental interventions, family training, infant massage, Occupational therapy, physical therapy, and speech therapy
- Provides evaluations, assessments, on-going services, family supports and transition to preschool services
- To make a referral or apply for early intervention for services call the Statewide toll free number (888-653-4463)

New Jersey Department of Health, Special Child Health Case Management Unit

https://www.nj.gov/health/fhs/specialneeds/case-management/

NJ Department of Education – Resources for individuals that are deaf or hard of hearing <a href="https://www.nj.gov/education/specialed/deaf/parents/">https://www.nj.gov/education/specialed/deaf/parents/</a>

#### NJ Division of the Deaf and Hard of Hearing

https://nj.gov/humanservices/ddhh

222 S. Warren St. Trenton, NJ 08608 (609-984-7281)

Provides education, advocacy and direct services to eliminate barriers and promote increased accessibility to programs, services, and information. Helps with hearing aids for low income individuals and offers training in American Sign Language.

# **Tri County Care Management Organization (CMO)**

315 West Washington Avenue **(908-526-3900)** 

Washington, NJ 07882

https://www.tricountycmo.org

Tri County CMO, a non-profit care management organization for youth aged 5-21 in Warren, Hunterdon, and Somerset counties, is part of the Children's System of Care under the NJ Dept. of Children and Families. They strive to ensure that all youth with complex behavioral, developmental, or addiction challenges have access to tailored, comprehensive formal and informal resources.

#### **Zero to Three**

Mental Health Resources for Infant and Toddlers www.zerotothree.org

### **Catastrophic Illness in Children Relief Fund**

NJ Department of Human Services PO Box 728, Trenton, NJ 08625

Family Information Line: (1-800-335-3863) (FUND)

https://www.nj.gov/humanservices/cicrf/home/index.html

Assists New Jersey families with uncovered medical expenses related to their child's illness or condition

- To be considered by the Fund, services must be received prior to the child's 22<sup>nd</sup> birthday, and expenses must exceed 10 percent of the family's household income in the 12 month period when they were incurred
- The Fund accepts applications for expenses incurred within the past 7 years from the date of application

# Childcare Resource and Referral Centers: (908-454-1078)

https://norwescap.org/education/child-and-family-resource-services/

#### Commission for the Blind and Visually Impaired

153 Halsey Street, 6<sup>th</sup> Floor, P.O. Box 47017, Newark, NJ 07101 973-648-3333

https://www.nj.gov/humanservices/cbvi/home/

- The Commission for the Blind and visually impaired provides educational services from birth through 21 years of age along with educational materials for visually impaired children.
- They provide vocational rehabilitation services, training in independent living, eye health services along with services for people who are deaf-blind, business and entrepreneurial training, income tax certification letters, referral to community-based programs and services, and low and high technical aids and appliances for people that are blind or visually impaired.

# **Education**

# New Jersey Department of Education Office of Special Education

P.O. Box 500

Trenton, NJ 08625-0500 (609-376-9060) or (609-376-9084)

https://nj.gov/education/specialed/

# Parental Rights in Special Education (PRISE) Manual

https://nj.gov/education/specialed/parents/index.shtml

This manual will describe the state and federal laws affecting the provision of special education to help you understand your rights in the special education process.

# NJ Department of Education – Resources for individuals that are deaf or hard of hearing

https://www.nj.gov/education/specialed/deaf/parents/

# Warren County Executive Superintendent of Schools Warren County Special Education Specialist

1501 Route 57

Washington, NJ 07782 (908-689-0464)

https://www.warrencountynj.gov/government/department-of-education

#### Early Head Start -Norwescap

#### Hackettstown

226 Main Street, Hackettstown, NJ 07840 (908-452-5803)

#### **Phillipsburg**

604 Roseberry Street, Phillipsburg, NJ 08865 (908-213-6873)

https://norwescap.org/education/early-head-start/

- Early Head Start (ages 0-3) provides comprehensive early childhood education, health, nutrition, mental health and social services to low income pregnant mothers, children and their families.
- Home-Based Program (Home Visiting)
- Center-based Programs
- Assessments
- Health Screenings
- Workshops and Training
- Transportation
- Child and Family Wellness Support (Mental Health)
- Leadership Opportunities
- Referrals to Healthcare Providers
- Parent Activities
- Father Involvement Activities
- Breakfast, lunch, and snacks

# **Neurodevelopmental Evaluations and other Evaluations**

Child Evaluation Centers which provide a comprehensive assessment of children with neurodevelopmental (brain), emotional and behavioral disorders; this can include Fetal Alcohol Spectrum Disorders:

#### Children's Hospital of Philadelphia (CHOP)

4009 Black Horse Pike, Philadelphia, PA 08330 (P:609-677-7895)

#### Children's Regional Hospital at Cooper University Hospital

3 Cooper Plaza, Suite 200, Camden, NJ 08103 (P:856-342-2257)

### **Children's Specialized Hospital**

150 New Providence Rd, Mountainside, NJ 07092 (P: <u>908-233-3720 or 908-233-3720</u>) (F: <u>888-244-5373</u>)

**Goryeb Children's Hospital, Morristown Medical Center** (Child Development Center/Autism Center) 435 South Street, Suite 250, Morristown, NJ 07960 (P: 973-971-5227) (F: 973-290-7164)

#### **Hunterdon Medical Center**

(P) 908-788-6100

#### Institute for Child Development at Hackensack University Medical Center

30 Prospect Avenue, Suite 1, Hackensack, NJ 07601 (P:201-996-5555)
Provides an overall assessment to identify: behavioral disorders, developmental disorders, habit disorders, regulatory disorders in children ages 4 and under.

#### **Jersey City Medical Center**

953 Garfield Avenue, 1st Floor, Jersey City, NJ 07304 (P:201-915-2059)

#### **StationMD**

# https://stationmd.com/

StationMD is a physician service that is dedicated to individuals with intellectual and/or developmental disabilities (I/DD) and other vulnerable populations. Their mission is to provide the highest quality of medical care for individuals with I/DD, fostering independence and improving quality of life for our patients and those providing their care. All of the doctors are specially trained to address this population's complex health needs, and are able to treat patients through a simple telemedicine platform.

#### The Child Development Center at Hunterdon Medical Center

190 Route 31, Suite 500, Flemington, NJ 08822 (P: 908-788-6650 F: 908-788-6581)

# **Crisis Assistance**

# **County Crisis Intervention Center for Family Services**

492 Route 57 West, Washington, NJ 07882

https://www.centerffs.org

908-454-5141

The Crisis Intervention Unit/Emergency Services (CIU/ES) program provides emergency mental health services to Warren County residents who are experiencing a mental health crisis, their families and caregivers. The primary goals of the CIU/ES program are to prevent suicide, homicide and other violent and self-destructive behaviors or dangerous situations from occurring as the result of an individual's untreated mental illness or as a result of a family experiencing a mental health crisis.

# **Family Crisis Intervention Unit (FCIU)**

492 Route 57

West Washington NJ For immediate family crisis call 908-454-5141

For non-urgent referrals call 908-454-4470, x312 or x323

https://www.centerffs.org/our-services/counseling-behavioral-health/family-link-fciu

The Family Crisis Intervention Unit of Warren County provides a 24 hour/7 days a week service for youth (5-17 years of age) and their families. The program provides immediate response and short-term crisis stabilization to families who are experiencing serious difficulties in managing behavior of the youth due to runaway behavior, truancy or family conflict.

# Mobile Response and Stabilization Services (MRSS) Catholic Charities

700 Sayre Ave

Phillipsburg, NJ 08865 877-652-7624

https://ccdom.org/warren-crisis-intervention-mobile-response-stablization

Deliver services to youth vulnerable to or experiencing stressors, coping challenges, emotional or behavioral symptoms, difficulties with substance use as a coping strategy or traumatic circumstances that may compromise the youth's ability to function optimally and thrive within their family/living situation, school and/or community environments.

# **Autism Organizations/Information**

#### Asperger/Autism Spectrum Education Network (ASPEN)

P.O. Box 109, Oceanport, NJ 07757 732-321-0880

## https://aspennj.org/

Provides families and individuals whose lives are affected by Autism Spectrum Disorders and Nonverbal learning Disabilities with education, support, and advocacy.

#### **Autism New Jersey**

## https://www.autismnj.org/

A nonprofit agency committed to ensuring safe and fulfilling lives for individuals with autism, their families, and the professionals who support them through awareness, credible information, education, and public policy initiatives.

# Parents of Autistic Children (POAC)

1989 Route 88, Brick, NJ 08724 732-785-1099

# https://www/poac.net/

Provides training for parents and educators, recreational and support services to children with Autism Spectrum Disorder and their families, training for police and first responders, and addresses, supports, and promotes legislative issues that affect those with autism and their families.

#### Autistic Self-Advocacy Network (ASAN)

### https://autisticadvocacy.org/about-asan/faq/

ASAN works to make our society more inclusive for autistic people. We work to make sure that autistic people are in control in our own lives, and have a say in policies that affect us. We work to protect disability rights and civil rights. We celebrate and promote autistic community and culture. We do this work in many ways, including policy and legal advocacy, making educational resources, creating advocacy tools, and leadership training for autistic self-advocates.

#### **Autism Speaks**

#### https://autismspeaks.org/

Autism Speaks is dedicated to creating an inclusive world for all individuals with autism throughout their lifespan. We do this through advocacy, services, supports, research and innovation, and advances in care for autistic individuals and their families.

# **Outpatient Services for Autism**

RWJ Barnabas Health 800-300-0628

 $\underline{\text{https://www.childrens-specialized.org/programs-and-services/outpatient-programs/autism-program}}$ 

Provides children with autism spectrum disorder (ASD)

- Comprehensive evaluations
- Treatment
- Community education
- Research

# **POAC Autism Services**

www.POAC.net

Provides GPS/Locators support.

# **Various Disability Supports**

#### **Adult Protective Services:**

165 County Route 519 South Belvidere, NJ 07823-1949 908.475.6591

https://www.warrencountynj.gov/government/human-services/division-of-aging-and-disability-services/adult-protection-services

This program exists to serve vulnerable adults; those adults 18 years of age and older living in the community, who lack sufficient understanding or capacity to make, communicate or carry out decisions concerning their well-being and are subject to abuse, neglect, or exploitation. Services are provided regardless of a persons income or assets. If the circumstances meet the APS criteria as outlined in the regulations, APS will recommend social, legal, financial, medical, and/or psychiatric services deemed necessary to stabilize the situation and to protect the client from further harm.

## **Advancing Opportunities**

1005 Whitehead Road Extension, Suite 1 Ewing, NJ 08638 609-882-4182 https://advopps.org/

The Assistive Technology Center staff provides workshops and trainings to help teachers, school personnel, parents and employers learn about what kinds of technology are available and how to implement them.

Advancing Opportunities provides individual supports in the community in group settings. Currently, there are four regularly scheduled programs offered around the state. Participants can sign up for the weekly activities online. The programs offer a variety of different events, including craft and theme nights, bowling, movies, local theater or sporting events, cooking classes, and fun local field trips.

**Adults' Night Out** - Offered for men and women registered with DDD in Morris, Warren, and Sussex counties.

**Parents' Night Out North** - Available for children registered with DCF through the Children's System of Care in Morris, Warren, and Sussex counties.

**Parents' Night Out South** - Available for children registered with DCF through the Children's System of Care in Burlington, Camden, and Gloucester counties.

**Weekend Recreation** - Available to individuals registered with DDD and DCF in Passaic and Essex counties.

#### **PROVIDES:**

- Advocacy
- Career Development
- Family Supports/Respite Care
- Residential Services
- Community and Individual Supports, Assistive technology assessments

#### ARC of NJ

985 Livingston Ave North Brunswick NJ 08902 732-828-2022 www.thearcfamilyinstitute.org

The Arc of New Jersey is the largest nonprofit advocacy organization for people with intellectual and developmental disabilities and their families in New Jersey. The Arc of New Jersey is committed to

enhancing the quality of life for children and adults with intellectual and developmental disabilities and their families, through advocacy, empowerment, education and prevention.

To achieve this goal, The Arc of New Jersey runs several programs:

- Camp Jaycee
- Criminal Justice Advocacy
- Mainstreaming Medical Care
- Planning For Adult Life
- Project HIRE
- Self-Advocacy
- Training and Consultation Services

### **ARC of Warren County**

319 Washington Ave, Washington NJ 07882 908-689-7525

#### www.arcwarren.org

The ARC of Warren County helps people with intellectual and other developmental disabilities live a good life. We assist families to solve challenges associated with the lifelong care of their family members. Create the kind of universal environment where the people we serve are accepted and respected in the community. Come achieve with us.

#### Services:

- Early Intervention
- Community Living Arrangements
- Community Based Supports
- Recreation

#### **Bedrock Clinic and Research**

30 Wills Way Piscataway, NJ 08854 / 120 Finderne Ave, Bridgewater, NJ 08807 732-646-8774 <a href="https://www.bedrocknj.org/">https://www.bedrocknj.org/</a>

Provides high quality ABA services to children with autism and related disabilities

#### **Boggs Center on Developmental Disabilities**

Rutgers Robert Wood Johnson Medical School Department of Pediatrics 335 George Street, 3rd Floor, New Brunswick, NJ 08901 732-235-9300

#### https://rwjms.rutgers.edu/boggscenter/

The Boggs Center provides community and student training and technical assistance, conducts research, and disseminates information and educational materials. Activities of The Boggs Center are guided by our Consumer Advisory Council, and partnerships with people with disabilities, families, state and community agencies, and policy makers.

### **Branching Out-PAGE ONE RESOURCE CENTER:**

Branching Out Page One Resource Center: Vickie Mendes-Branch 908-386-2515 529 Memorial Parkway, Phillipsburg

#### pageonecenter@gmail.com

Support center for families with children with autism and other special needs. Provides support groups and informational sessions with guest speakers. The center is a place for reading and tutoring, life skills sessions, has a "calm" room and has inclusive sports like basketball and bowling.

### **Bright Achievements**

732-655-3288

https://brightachievements.com/services/

Provides ABA therapy and Play therapy.

### **Brighter Tomorrow Behavioral Services**

908-677-6390

info@btbehavior.com

Provides ABA therapy to children, adolescents, and young adults with Autism ages 2-21.

# **Caring Family Community Services**

200 Craig Road, 1st Floor, Manalapan, NJ 07726 732-780-2799

http://caringfamily.org/

Home based Services – ABA (has a list of social workers for the area)

#### CENTERS FOR INDEPENDENT LIVING: DAWN CIL

66 Ford Rd #121, Denville, NJ 07834 973-625-1940

https://dawncil.org/

DAWN Center for Independent Living is a nonprofit organization serving people with disabilities in the New Jersey counties of Morris, Sussex, and Warren.

Core Services as mandated by the Rehabilitation Act of 1973, DAWN provides the following five Core Services

- Independent Living Skills Training
- Information and Referral
- Peer Support
- Advocacy
- Transition Services
- Supports Coordination

### **Community Access Unlimited**

80 W. Grand St. Elizabeth, NJ 07202 908-354-3040

https://www.caunj.org

A Union County based nonprofit serving people with disabilities with housing, life skills, employment, personal finances, relationships, civic engagement, and family support groups

#### **COMMUNITY ACTION AGENCY: Norwescap**

350 Marshall Street, Phillipsburg, NJ 08865 908-454-7000

Dozens of assistance programs are available, with a focus on meeting basic needs and providing long term self-sufficiency. The agency goes by the name of NORWESCAP and some of the leading resources offered are below.

- Financial assistance from NORWESCAP
- NORWESCAP Housing and Energy Services
- Safe Housing
- Food Bank
- Summer Food Service Program
- WIC

- Head Start
- The Life and Career Transitions Center for Women
- Family Self-Sufficiency

#### **COUNTY OFFICE OF DISABILITIES SERVICES**

165 County Route 519 Belvidere NJ 07823 (908-475-6200)

https://www.warrencountynj.gov/government/human-services/division-of-aging-and-disability-services

### **COUNTY PERSONAL ASSISTANCE SERVICES PROGRAM (PASP):**

1 Shotwell Drive Belvidere, NJ 07823 908-475-6591

https://www.warrencountynj.gov/government/human-services/division-of-temporary-assistance-and-social-services

The Warren County Division of Temporary Assistance and Social Services is committed to assisting all customers by providing appropriate services in a professional courteous timely and unbiased manner to achieve and maintain economic and social independence in the least restrictive environment. They strive to accomplish the mission of upholding the following principles

- To treat people with respect
- To promote parental and personal responsibility
- To strengthen families
- To maintain cooperative partnerships with community agencies
- To use public funds efficiently

# (DDD) DEPARTMENT of HUMAN SERVICES, DIVISION of Developmental DISABILITY Local office

1 Laurel Dr.Flanders, NJ 07836 (973-927-2600)

https://www.morrissussexresourcenet.org/search/division-of-developmental-

disabilities/ State office:

222 S Warren St, Trenton, NJ 08608 (800-832-9173)

https://www.nj.gov/humanservices/ddd/

For Adults, 21 and older

Services include:

- Apply for Services.
- Home and Community Based Services.
- Transition from School to Adult Life.
- Employment.
- Housing Assistance.Guardianship.
- Consumer Protection.
- Office of Autism.

#### (DDS) NJ Division of Disability Services

1A Quakerbridge Plaza PO Box 705 Trenton, NJ 08625-0705 (<u>1-888-285-3036</u>) https://nj.gov/humanservices/dds/home/

The Division of Disability Services (DDS) provides a single point-of-entry for New Jerseyans seeking information about programs, services and supports available to residents with disabilities. Focused on promoting independence for individuals with disabilities in all areas of life, DDS aims to streamline the pathway to information and services, as well as to advance greater access, equity and inclusion. Services include:

- Information and Referral Services (I & R)
- The Traumatic Brain Injury Fund (TBI FUND)
- The Personal Assistance Services Program (PASP)
- Managed Long Term Services and Supports (MLTSS) enrollment assistance for children,
   20 years old and younger
- Disability Health and Wellness Initiatives
- NJ ABLE and NJ WorkAbility information and technical assistance

#### (DVRS) DIVISION VOCATIONAL REHABILITATION SERVICES:

445 Marshall Street Phillipsburg, NJ 08865 908-329-9190

https://www.nj.gov/labor/career-services/special-services/individuals-with-disabilities/

Any individual with a physical, mental, cognitive, or other form of disability who has a substantial impediment to employment may qualify for the following services through the New Jersey Division of Vocational Rehabilitation Services (DVRS).

- Career Counseling
- Job Placement and Supported Employment Services
- Evaluations and Restorations
- Pre-Employment Transtion Services (Pre-ETS)
- Out-of-School Youth Employment Services
- Financial Assessments and Planning
- Benefits Counseling Services
- Work Related Accommodations and Assistive Technology
- Training Opportunities for Eligible Individuals
- Deaf and Hard of Hearing Services
- Billingual Services
- Project Search

#### **Easton Coach NJ Transit/Warren County Transportation**

165 County Route 519 Belvidere NJ 08723 908-454-4044 www.warrencountynj.gov/government/human-services/transportation-

<u>services</u> <u>services</u>

- Shuttle Services
- On Demand Services

#### **Epona Therapy Services**

Sutton Farm W. Woodschurch Road, Capner St, Flemington, NJ 08822 732-595-8515 Holistic-Nature based occupational therapy services

# **Family Support Organization (FSO)**

315 W Washington Ave., Suite 3, Washington, NJ 07882 (908-223-1191)

https://fso-hsw.org/

Ensures that children with emotional and behavioral challenges and their families are provided with a community-based, compassionate, and culturally competent support system. Provides ongoing family oriented support, information, education, and advocacy.

**Greenwich Autism Alliance Foundation Contact: Kelly Milazzo** 

http://www.greenwichautismalliance.org/

The mission of the Greenwich Autism Alliance foundation is to promote autism awareness & acceptance and to provide local grants to support teachers & families of children with autism.

### **Erica Toba ABA Consulting LLC**

<u>rachelmarlowe@etoberabaconsulting.com</u> 973-437-6599 90 Tiffany Drive East Hanover, NJ 07936 Provides ABA services.

# **Hope For All Learners Center contact: Zoe Lynn**

148 Main St. Lebanon, NJ 08833 908-338-5108

http://www.hopeforalllearners.com/

Provides tutoring, social skills groups, Inclusive extracurricular activities, parent support groups and parent respite. There are charges for the services.

#### Limitless

30 Righter Ave., Denville, NJ 07834 973-448-7529

https://www.limitlessasd.com/

Provides group and individual services for those with various disabilities between the ages of 2 and 30 in the areas of post 21 programs, social, emotional and behaviors sessions, facilitated communication, and summer programs.

#### Mom2Mom:

https://mom2mom.us.com/ 1-877-914-6662

You're caring for your special needs child, Who is caring for you?

We are Moms of special needs children and adults and trained peer support and crisis counselors. We offer peer support counseling, a place to vent, reassurance, a sounding board, advocacy skill building, and access to expert advice and reliable resources to help improve the lives of moms.

#### **NAMI New Jersey**

1562 Route 130 North Brunswick NJ 08902 732-940-0991

https://www.naminj.org/

NAMI is a statewide non-profit organization dedicated to improving the lives of individuals and families affected by mental illness, through education, support, and advocacy. They have support group meetings throughout NJ for individuals with mental health concerns and for families dealing with loved ones with mental illness.

# **NJ Center for Tourette Syndrome and Associated Disorders**

50 Division Street, Somerville, NJ 08876 908-575-7350 https://njcts.org/

- Family Retreat Weekend
- Leadership Academy Weekend
- Support Group for Parents (call-in)

#### NJ Council on Developmental Disabilities

PO Box 700, Trenton, NJ 08625 1-800-792-8858

#### WWW.njcdd.org

The NJCDD provides a platform for individuals, family members, advocates, and public and private agencies to develop a coordinated social policy for advancing the rights and opportunities of New Jersey residents with developmental disabilities.

#### **NJ Parent Link**

#### www.njparentlink.nj.gov

- Toddler/Infant Evaluations Zero To Three years of age
- Developmental, Behavioral and Mental Health
- Health and Wellness for infants and children with special needs
- Family Supports services (food assistance, housing unemployment, insurance, childcare)

#### **NJ SPAN Statewide Parent Advocacy Network**

35 Halsey Street, Fourth Floor, Newark, NJ 07102 973-642-8100 (1-800-654-SPAN)

Https://www.spanadvocacy.org

Provides information, resources, support, and advocacy assistance to families, professionals, policy makers.

#### Open the Lid

https://www.openthelid.com/selfdirection

607-339-8092

Offers individual and group web-based empowerment classes in a supportive, inclusive community with neurodivergent people and allies.

#### **Parzival Therapies**

www.ParzivalTherapies.com 610-574-7626

Certified HANDLE Practitioner and Instructor (Holistic Approach to Neuro-Development and Learning Efficiencies). Provides effective Non-drug evaluations and interventions for recovery from neuro- developmental or Neuro-degenerative challenges, including ADD/ADHD, Autism, TBI, issues of aging, sleep issues perplexing behaviors and more.

# **PEAK Parents of Extraordinary Kids**

http://www.peakgroup.org/

A parent founded program that provides children and young adults with special needs the opportunity to be involved in a wide range of activities from sports, to the arts, and everything in between. Nominal fees are charged.

#### Plan NJ (Planned Lifetime Assistance Network of New Jersey

Inc PO Box 547 Somerville NJ 08876 908-575-8300

https://plannj.org

PLAN offers care coordination, guided oversight of financial affairs, and compassionate actions to enhance quality of life. They partner with families to provide their loved ones a lifetime of assistance.

- Assists with Special needs trust funds
- Guardianship

- Life planning
- Advocacy
- Home monitoring
- Rep Payee for SSA
- Trust Fund

#### **Project Child Find**

800-322-8174

https://spanadvocacy.org/wp-content/uploads/2021/07/Project-Child-Find-fact\_sheet.pdf Assist parents with resources for children ages 3-21

# **Project Life Saver**

Warren County Sheriff
413 Second Street, Belvidere, NJ 07823 908-475-6309
http://www.wcsheriff-nj.us/project-

lifesaver/index.shtml

This is a tracking program for individuals that wander. It involves wearing a wristband with a leasing fee of \$250, battery change fee every 28 days \$15.

This is a national program <a href="https://projectlifesaver.org/">https://projectlifesaver.org/</a>

## **Project Self-Sufficiency**

127 Mill Street, Newton, NJ 07860 <u>973-940-3500</u> or <u>844-807-</u>

3500 https://www.projectselfsufficiency.org/

Project Self-Sufficiency helps thousands of children teens, and adults every year. If you live in the Sussex, Warren or Hunterdon County you may be eligible for assistance. They will be developing "Connecting NJ" to assist families from all over NJ.

- Receive Visits from a Personal Nurse or Home Visitor
- Get a Real High School Diploma with the New Jersey Youth Corps.
- Food Pantry for Sussex and Warren County NJ residents.
- Free food, diapers, career help, on board
- Early Childhood Specialists

#### **Puzzle Behavioral Services**

973-479-8535

www.solutionstothepuzzle.com info@solutionstothepuzzle.com

Provides in home ABA services in Warren County.

#### Safely Back Home

www.safelybackhome.org pjetter@safelybackhome.org

Paul Jetter, President

37 Main Street, Suite 1056, Sparta, NJ 07871 201-874-4054

Electronic tracking for individuals who are prone to wander. An iron on patch is affixed to the shirt, hat, backpack of the child that lists the law enforcement agency phone number with the electronic file number of the registered individual to reunite the child and family.

#### **SCARC Guardianship**

11 US Route 206, Suite 100 Augusta, NJ 07822 973-383-5804 www.scarcguardianship.org

#### **Special Needs Funding Coach**

200 Schulz Dr Suite 125 Red Bank NJ 07701 848-200-7148 www.specialneedsfundingcoach.com

Provides resources, answers, and expertise for funding special needs life planning

### **Warren County Department of Human Services**

1 Shotwell Drive Belvidere, NJ 07823 908-475-6331 <a href="https://www.warrencountynj.gov/government/human-services/division-of-administration">www.warrencountynj.gov/government/human-services/division-of-administration</a> Connecting people to services

# Warren County Police Chiefs' Association Blue Envelope Program

321 Greenwich Street Stewartsville, NJ 08886

This program is for individual drivers who have Autism Spectrum Disorder (ASD). The purpose of the Blue Envelope Program is to improve the interaction between a driver with ASD and a police officer or a traffic stop. Blue envelopes have been distributed to each of the Police Departments, Sherriff's Department, Prosecutor's Office, and State Police Barracks within Warren County and will be available for pick up.

#### The Columbus Organization

https://www.columbusorg.com/about-us

350 Sentry Parkway, Building 620, Suite 120, Blue Bell, PA 19422 1-800-229-5116
A group of caring professionals whose mission is to assist children and adults with physical and intellectual disabilities achieve independence through a life that is meaningful to them.

# **Camps**

# **CSOC Summer Camps (start to look by February)**

https://www.performcarenj.org/families/disability/summer-camp.aspx https://www.tricountyresourcenet.org/community-services/summer-camp/

Camp Merry Heart Hackettstown, NJ (908-852-3896)

https://www.easterseals.com/nj/our-programs/camping-recreation/camp-merry-heart.html

# Camp Warren, ARC

Columbia, NJ (908-689-7525) https://www.arcwarren.org/camp-warren/

Camp Fatima of New Jersey Harrison NJ https://campfatimanj.org/

**Camp Hope-**The ARC of Essex County East Hanover, NJ (973-535-1181) https://arccamphope.com/about/

#### Day and Sleep Away Camps-

# **Certified Fitness for Special**

**Needs** White house NJ (<u>908-534-</u>

1961) https://cfsn-nj.org

**Camp Marcella,** NJ Commission for the Blind and Visually impaired 27 Durham Rd, Rockaway, NJ 07866 (973-627-1113)

https://campmarcella.org/

Residential camp for children and adults who are blind.

# **Elk's Camp Moore**

Susquehanna Drive, 5 Susquehanna Ave, Haskell, NJ (973 835-1542) https://www.elks.org/enf/programs/StateProject.cfm?vhpID=8028

Residential camp for children and adults with special needs. Applications go through the local Elks Lodge. (Hackettstown Elks Lodge 2331) Send a message on Facebook or contact the Special Children's Chairperson. The camp is fully funded by the Elks and is wheelchair accessible. There is a nurse on duty 24/7.

# **Equine Tranquility Wellness Center (Equine therapy)**

134 Airport Road, Andover, NJ 0782 (P: 862-259-2779) https://equinetranquility.org/

### **Spring Reins of Life** (Equine therapy)

401 Main Street, Three Bridges, NJ 08807 (P: <u>347-886-2798</u>) (F: <u>908-448-2428</u>) https://www.tricountyresourcenet.org/search/spring-reins-of-life/

# Recreation

# "Artistic Expressions," Hunterdon Art Museum

7 lower Center St, Clinton, NJ 08809 (908-735-8415)

https://hunterdonartmuseum.org/special-needs-students/

"Artistic Expressions, our open studio class for teens and adults with disabilities, will run in the Spring. We offer full-tuition scholarships for that program, too!"

## **Chimney Rock Crossfit**

1572 Sussex Turnpike (862-284-3099) Randolph, NJ

#### Fitness for U

295 Route 22 East Suite 102 PO Box 951, Whitehouse Station, NJ 08889 (908-923-4094) https://cfsn-nj.com/

Fitness for Special Needs, Inc. a 501(c)(3) offers an all-inclusive environment, fitness programs for children and adults of all ages and abilities. Given the opportunity, children and adults can learn to develop greater body Awareness, Strength, Physical flexibility, Confidence and self-regulation.

#### Elk's

210 Mountain Ave, Hackettstown, NJ (908-852-9723)

https://www.elks.org/lodges/home.cfm?LodgeNumber=2331

Provides camping, campership, family activities, and helps with some equipment/needs in the homes.

#### **Hunterdon Outreach Programs (HOPS)**

http://www.HunterdonOutreach.Org/

P.O. Box 1099, Flemington, NJ 08822 Daniel R. Hendi (908-797-3638)

Sports for children who are physically and/or developmentally disabled. Includes soccer, basketball, tennis, and baseball. The programs are free to participating athletes.

# Lauren and Friends-A night out with the Elks

Lake Hopatcong Elks Lodge, 201 Howard Boulevard, Mt. Arlington, NJ 07856 (201-852-

1149) Parsippany Elks Lodge, 230 Parsippany Road, Parsippany, NJ 07054

Email: <a href="mailto:laurenandfriendsinc@gmail.com">laurenandfriendsinc@gmail.com</a>

Lauren Valenta - Program Administrator

Free recreation programs for individuals with disabilities 18 and up. Programs are held twice a month at the Lake Hopatcong Elks Lodge or Parsippany Elks Lodge. Open to Warren County residents.

#### **Mainstreaming Medical Care**

985 Livingston Ave North Brunswick NJ 08902 (732-828-2022)

www.mainstreamingmedicalcare.org

The Arc of New Jersey's Mainstreaming Medical Care Program promotes quality health care for people with intellectual and developmental disabilities (IDD) throughout New Jersey

#### **Mane Stream**

83 Old Turnpike Rd Oldwick, NJ 08858 (908-439-9636)

https://www.manestreamnj.org/

Therapeutic Riding- The Mane Stream mission is to improve the quality of life for individuals with physical, developmental, emotional, and medical challenges through a diverse program of equine assisted activities, therapy services, and educational initiatives.

#### Miracle League Lehigh Valley

1605 N. Cedar Crest Blvd. Suite 515A Allentown, Pa 18104, (610-769-2096) https://mllv.org/

Provides year-round sports, and social activities to children and young adults with special needs

### **Miracle League of Northampton County**

4100 Green Pond Road, Palmer, PA 610-252-

1505 https://miracleleagueofnc.org

Provides year-round sports, and social activities to children and young adults with special needs

### NJ Commission on Recreation for Individuals with Disabilities

https://njcrid.org/

NJCRID is a non-profit organization promoting and supporting recreation and leisure services for individuals with disabilities through education and advocacy.

## **Special Hockey Lehigh Valley**

Joe and Nicole Guellnitz - (484-524-3105)

http://www.LVPolarBears.com/

Recreational ice hockey program for children and young adults with Autism, Down syndrome, and other cognitive challenges. A team of volunteers work to meet the unique needs of the players on and off the ice—in addition to teaching hockey, the program seeks to build confidence, foster friendships, and provide a supportive environment for all of the players and their families.

#### **Special Olympics of NJ**

1 Eunice Kennedy Shriver Way, Lawrenceville, NJ 08648 (609-896-8000) www.sonj.org

Special Olympics - Area 3/Warren County (973-398-6150)

https://www.sonj.org/find-local-program/morris-sussex-warren-counties/

#### **Special Olympics Saturday Young Athletes Program**

contact: Dave Leary - dleary@paperstrategies.com

#### Saint Luke Parish Special Needs Ministry

265 W. Mill Rd Long Valley, NJ (908-876-3515)

https://stlukeparishlv.com/special-needs-ministry - stlukeparishsnm@gmail.com

The goal of the St. Luke Special Needs Ministry (SNM) is to provide an inclusive spiritual, social, and educational environment for children and adults with special needs and their families.

#### **TAEKWONDO:**

# Raritan Valley ATA (RVATA)

1071 Route 202 North, Branchburg, NJ 08876 (908-255-4763)

https://rvata.com/

Focus is on teaching fitness, self-defense, self-discipline, and most importantly, character development through martial arts. Our interest lies in the complete personal development of each student, with individual attention given in each class. Positive youth development and mentoring are keys to the evolution of our students. RVATA is a member of the worldwide American Taekwondo Association (ATA)

#### **All Trails**

Fitness and travel mobile app used in outdoor recreational activities for finding and exploring trails of all kinds.

https://www.alltrails.com

#### **Autism Friendly Vacation Ideas:**

- Myrtle Beach, SC. In addition to a sensory-friendly pledge to be a welcoming family destination, the city and its surrounding areas have introduced numerous initiatives to promote inclusivity.
- Legoland Theme Parks: Legoland Resorts announced that all its theme parks are Certified Autism Centers, or CAC. They train and certify staff in sensory, environmental, and emotional awareness.
- Elmwood Park Zoo in Valley Forge, PA
- College Football Hall of Fame in Atlanta, GA
- All Elite Wrestling Shows
- Mesa, Arizona
- Visalia, California
- Disney Cruise Line Voyages
- Beaches Resorts
- Delta Airlines

# **Adult Service Providers**

# **Abilities of NW Jersey**

264 Route 31 North, Washington, NJ 07882 908-689-

1118 https://www.abilitiesnw.com/

Individualized community employment and support services for persons with disabilities. Student transition services, career planning, home based services, day program, life skills and autism supports. Also available is a career soft skills program based out of Warren Community College and Project Search based out of Atlantic Health Care at Newton Hospital.

# **Beacon Specialized Living**

P: 610-438-0864

https://beaconspecialized.org/about/ https://www.beaconkeystone.org/

Support Coordination, transition and employment services, community living and residential services. New Jersey Office (Keystone Independent Living): 1733 Washington Blvd, Suite 105, Easton, PA 18042

#### **Easter Seals of New Jersey**

#### www.easterseals.com/nj

2083 West Washington Ave, Washington, NJ 07882 908-689-6600

Provides case management to adults with disabilities or mental health. Provides linkages to services such as employment assistance, day programs, supportive housing. Also services youth through employment services (ages 14+), therapy and Camp Merry Heart.

# **Dawn Center for Independent Living**

66 Ford Road, Suite 121, Denville, NJ 07834 973-625-1940

https://dawncil.org/

Provides support to persons with disabilities so they can achieve their highest level of independence in their community. Services include employment network services, life skills, DDD support coordination services and recreational events.

#### **Lee Services**

401 South Main Street, Phillipsburg, NJ 08865 908-328-5374 or 908-760-7918 https://www.providinglee.com/

Provides services to IDD population through individual skill building as part of their day services, Step-Up program and Next Steps program.

#### **Life With Joy**

#### http://lifewithjovinc.com/

3 Fox Run, Green Township, Andover, NJ 07821 201-341-0436

A place where young adults with and without autism can meet new friends and learn new skills. Teaches pre-vocational job skills, social skills. DDD approved provider for those 21 years and older.

#### Sam's Hope

Blairstown, NJ 07825

Email:

samshopeincorporated@gmail.com

http://www.samshopeinc.org/

Services special needs individuals through coordinated special needs events (both fun and instructional) as well as supervised living and respite care.

#### **Spectrum Care Management and Consulting**

65 Ramapo Valley Road 908-441-7300

Mahwah, NJ 07430

Provides case management services to DDD enrolled adults with ID/DD.

#### **Supports Coordination**

https://www.state.nj.us/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf

Refer to the DDD website for assistance in identifying supports coordination agencies that serve Warren

County.

# New Jersey Department of Human Services Division of Developmental Disabilities (DDD)

https://www.state.nj.us/humanservices/ddd/

Provides public funding for services and supports that assist NJ adults with intellectual and developmental disabilities age 21 and older to live as independently as possible.

# New Jersey Department of Human Services Division of Disability Services (DDS)

https://www.nj.gov/humanservices/dds/home/index.html

Serves as a single point of entry for disability-related information and provides self-directed, non-medical personal care assistance for eligible individuals with permanent physical disabilities through its Personal Assistance Services Program (PASP).

## **DDDS NJ Resources Directory**

https://www.nj.gov/humanservcies/dds/home

A comprehensive directory of organizations, programs, and services available to assist and support NJ citizens with disabilities and their families.

# **Facebook Pages**

Abilities of Northwest Jersey

https://www.facebook.com/abilitiesnw

Branching out Foundation

https://www.facebook.com/BranchingOutFoundation

**Greenwich Autism Alliance Foundation** 

https://www.facebook.com/Greenwich-Autism-Alliance-GAA-130711513653313

Hope For All Learners Center

https://www.facebook.com/hopeforalllearners/

Hunterdon Outreach Programs (HOPS)

https://www.facebook.com/HOPSNJ

Lee Services

https://www.facebook.com/LeeServicesNJ/

Life with Joy

https://www.facebook.com/lifewithjoyinc

NJ Parents of Developmentally Disabled Adults

https://www.facebook.com/njpdda/

One Good Friend

https://www.facebook.com/onegoodfriend

PEAK Parents of Extraordinary Kids

https://www.facebook.com/PEAKParentsofExtrAordinaryKids/

Sam's Hope Incorporated

https://www.facebook.com/samshopeincorporated/

Special Hockey Lehigh Valley

https://www.facebook.com/specialhockeylv

Special Parents Information Network and Events

https://www.facebook.com/groups/1525283887725873

Tri County CMO

https://www.facebook.com/tricountycmo

# **Hot Lines**

For deaf and hard of hearing to access any hotline: (877-294-4356 TTY) (Voice Callers use 7-1-1 NJ relay)

### 1. 2NDFLOOR YOUTH HELPLINE 1-888-222-2228 www.2ndfloor.org

24 hours a day - 7 days a week

This is a youth helpline serving all youth and young adults in New Jersey. Youth who call are assisted with their daily life challenges by professional staff and trained volunteers. Anonymity and confidentiality are assured except in life-threatening situations. Youth that would rather type than talk can also get support via 2NDFLOOR's anonymous

#### 2. Catastrophic Illness in Children Relief Fund (800-335-3863)

Can assist with addiction/mental health care, in/outpatient hospital care, physician care, medical equipment, pharmaceuticals, home modification, med transport, home health care

Eligibility –Youth must be under the age of 21 and in any 12-month period expenses must exceed 10% of family's income

### 3. Child Care Helpline (800-332-9227)

The Child Care Assistance Program can help lower-income families who are working, in training or in school or a combination of these activities to pay a portion of their child-care.

#### 4. Child Support Hotline 877-655-4371 (NJ-KIDS1)

An automated phone system is available 24 hours a day, 7 days a week to obtain case information such as payments, case balance, court date information, etc.

#### 5. Family Support Organization (908-223-1191)

The FSO provides peer support, education, advocacy and other services to family members of children with emotional and behavioral needs substance abuse issues and/or developmental disabilities. They also have a hot line at the same number to answer questions and provide supports

### 6. Family Helpline (for stressed parents) (800-843-5437 (THE-KIDS)

If you're feeling stressed out, call the Family Helpline and work through your frustrations before a crisis occurs. You'll speak to sensitive, trained volunteers of Parents Anonymous who provide empathic listening about parenting and refer you to resources in your community.

#### 7. Institute for Child Development Hackensack University Medical Center

Children Age 4 and Under

Overall assessment to identify: behavioral disorders, developmental disorders, habit disorders, regulatory disorders

# 8. Mom2Mom Hotline (1-877-914-MOM2) or chat online at <a href="www.mom2mom.us.com">www.mom2mom.us.com</a>.

Staffed by trained peer counselors who are also mothers of children with special needs, Mom2Mom's volunteers answer questions and provide emotional support to mothers.

### 9. NJ FamilyCare/Medicaid Hotline (800-701-0710 - 800-356-1561)

NJ FamilyCare - New Jersey's publicly funded health insurance program - includes CHIP, Medicaid and Medicaid expansion populations. That means qualified NJ residents of any age may be eligible for free or low-cost healthcare coverage that covers doctor visits, prescriptions, vision, dental care, mental health and substance use services, and even hospitalizations.

#### 10. NJ-211 Connects families to resources that can help them - Dial 211

211 is the most comprehensive source of information about local resources and services in the country. It's powered by people: thousands of caring, local experts are available to help, 24/7

# **11. Tri County CMO** (908-526-3900)

Tri County CMO can provide a wide range of information about resources, services, and supports for families in Warren County



This Resource Manual is offered to you through the Children's InterAgency Coordinating Council's Intellectual and Developmental Disability Subcommittee. The Children's InterAgency Coordinating Council (CIACC) of Warren County is a local planning body for youth with behavioral and emotional health needs, substance use, and/or intellectual and developmental disabilities and their families.

Membership includes families, local system partners, youth serving agencies, and State and County representatives.

# We welcome your participation!

If interested in joining us, please contact Pat Testa at 908-475-6331 or <a href="mailto:ptesta@co.warren.nj.us">ptesta@co.warren.nj.us</a>.

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