



FEBRUARY 2023

HACKETTSTOWN



** Please join us for lunch immediately after at 12pm!

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		ZUMBA WITH SANDY 11am	TAI CHI WITH STAN 11am Chronic Pain Management With Mary 11:15-12noon	YOGA WITH LIZ 11am
6	7	8	9	10
		ZUMBA WITH SANDY 11am	TAI CHI WITH STAN 11am Chronic Pain Management With Mary 11:15-12noon	YOGA WITH LIZ 11am
13	14	15	16	17
 Holiday Closed		ZUMBA WITH SANDY 11am	TAI CHI WITH STAN 11am Chronic Pain Management With Mary 11:15-12noon	YOGA WITH LIZ 11am
20	21	22	23	24
 Holiday Closed		ZUMBA WITH SANDY 11am	TAI CHI WITH STAN 11am Chronic Pain Management With Mary 11:15-12noon	YOGA WITH LIZ 11am
27	28			
				