

Board of Commissioners of the County of Warren Department of Human Services
Division of Aging & Disability Services
Wayne Dumont Administration Bldg.
165 Route 519 South
Beleicher MI 07072

PLACE STAMP HERE



Warren County



Department of Human Services Division of Aging & Disability Services

- Developing
- Providing
- Coordinating
- Connecting Residents to Information & Services

Toll Free: 1-877-222-3737 (908) 475-6591

Wayne Dumont, Jr. Administration Bldg. 165 Route 519 South Belvidere, NJ 07823 www.co.warren.nj.us

Steve Unger, Executive Director Email: seniorservices@co.warren.nj.us

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Warren County Oivision of Aging & Disability Services

The Division of Aging & Disability Services (Division) is the County's lead agency and administrator of Federal, State, and Local funds earmarked to assist Warren County's older adults and their caregivers. The Division operates under the Warren County Department of Human Services. Our Division is also the County's lead agency for the New Jersey Aging and Disability Resource Connection (ADRC) initiatives. Our services are provided directly or through contracts with other partner agencies. Services are coordinated through our professional staff and referrals to contracted partner agencies occur through our Division.

What We Do

ADRC provides information and assistance to older persons, adults with physical disabilities and caregivers. Through a comprehensive intake and screen for community services, our division staff can assist in identifying needs and determining the best options for assistance, and provide services.

The Division of Aging & Disability Services' philosophy upholds the rights of the county's older adults (60 years and above) to age with dignity, maximum health, independence, well being, and the ability to make their own life choices.

WARREN COUNTY Community Senior Centers

Hackettstown Area Community Senior Center

293 Main Street Hackettstown, NJ 07840 (908) 850-5438

North Warren Area Community Senior Center

505 Route 94 Columbia, NJ 07832 (908) 496-4001

Phillipsburg Senior Center

*Shared services location

310 Firth Street Phillipsburg, NJ 08865 (908) 859-2423

Washington Area Community Senior Center

Faith Discovery Church Community Center 33 Brass Castle Road Washington, NJ 07882 (908) 689-0650

Suggested donations may apply for OAA programs.

The services in this brochure are partly funded by grants from the U.S. Administration for Community Living.

Transportation (866) 594-4044 or (908) 454-4044

Transportation is offered through the Warren County Division of Transportation and its contracted vendor. Services are available to attend Warren County Community Senior Centers, medical appointments, grocery shopping, and monthly Saturday shopping (seniors 60 and above). Call the Division for details and referral for transportation services.

<u>Veterans Directed Home and Community Based</u> Services

The Division provides care management services to eligible Veterans enrolled in this Consumer Directed Program that provides access to a wide range of home and community based long term care services. Screening and eligibility is determined by the VA New Jersey Health Care System (973) 646-1000.

Volunteer Programs (908) 689-4140 or (877) 222-3737

The Division of Aging & Disability Services contracts with Visiting Homemaker Service (VHS) of Warren to provide volunteer services for the following programs.

- Bill Paying Assistance
- Chore Corps (handyman fix it program)
- Friendly visiting
- Home delivered meals
- Shopping assistance
- Transportation
- Telephone reassurance

Referrals for the above programs are completed through the Division. Program guidelines apply.

The Division also looks for volunteers to help. Should you be interested, please contact our office.

The Division of Aging & Disability Services offers:

- Adult Protective Services (APS)
- · Benefits and Entitlement Screening
- Caregiver Respite Program
- Care Management for Jersey Assistance for Community Caregiving (JACC Program)
- Certified In-Home Health Aides (JACC Program)
- Chore Services (Unskilled Volunteers)
- Community Senior Centers (Nutrition Education, Meals, Physical Exercise, Health Screens, Wellness Education, Socialization and Recreation)
- Division's Newsletter
- Emergency Utility Assistance
- Home Delivered Meals
- Home Safety and Environmental Adaptations
- In-home Clinical and Functional Assessments
- In-home Mental Health Counseling
- Legal Services for Seniors
- Medicare Counseling
- Option Counseling on Long Term Care Support Services
- Personal Assistance Services Program (PASP)
- Respite Services and Caregivers Support
- Transportation
- Veterans Directed Home and Community Based Services
- Volunteer Programs

Individuals are screened and referred through the Division for the above programs.

Adult Protective Services (APS)

APS programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults. Vulnerable adults are defined as individuals over 18 years of age residing in a community setting who lack sufficient understanding or capacity to make and/or carry out decisions concerning their well-being, due to mental or physical disabilities and are subject to abuse, neglect or exploitation. For referrals contact the Division directly.

Benefits and Entitlement Screening

Division staff are available to assist older adults, caregivers and adults with disabilities in determining their eligibility for any non-profit County, State and Federal benefits. We will help with completing applications and acquiring services.

Caregivers Support Programs

The Division offers caregivers support programs and caregiver education, in home mental health counseling and assistive technology services to promote independence and safety of loved ones, through contracted providers. For more information on caregiver support programs, contact the Division.

There are other caregiver supports offered through United Way Caregivers Coalition. See details below:

United Way Caregivers Coalition

United Way Caregivers Coalition helps caregivers find specific information, education, and needed support. This Coalition in Warren County is facilitated by the United Way of Northern NJ and meets each month to share resources, hear educational presentations and work on projects to improve the quality of life for caregivers.

Medicare Counseling

The State Health Insurance Assistance Program (SHIP) is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living (ACL).

Our care managers and trained volunteers "Certified as NJ Medicare SHIP Counselors" can provide help with a variety of questions and link you with Medicare savings plans, if eligible related to Medicare, Medicare supplements, Medicare Rx, and other forms of health insurance.

Options Counseling on Long-Term Care Services

Division care managers provide individual assistance to residents and caregivers by outlining the various publicly funded programs and eligibility requirements to assist in making personal choices on their care and services.

Personal Assistance Services Program (PASP)

The Division administers NJ STATE PASP services in Warren County. PASP allows residents ages of 18 -70 years with a permanent physical disability to remain active in the community by providing access to personal care services. Individuals in this program should be able to self-direct their care and manage their cash management plans and allocated monthly budget for their service needs. *Program eligibility requirements must be met.*

Respite Services and Caregiver Support (908) 689-4140 or (877) 222-3737

Care managers refer caregivers to respite services for qualifying individuals. Respite services are administered by Visiting Homemaker Services. *Program eligibility requirements must be met.*

<u>In-home Clinical and Functional Assessments are</u> offered for the programs below:

A.) The Jersey Assistance for Community Caregiving (JACC) program provides in-home services to seniors at risk of placement in a nursing home. With the assistance of a trained care manager, service plans are tailored to the needs of the individual. Eligible individuals must be 60 years of age or older, and require nursing facility level of care but wish to remain at home. Income and asset limits apply. *Program eligibility requirements including verifications must be met.*

B.) <u>Managed Long-Term Services and Supports</u> (MLTSS)

MLTSS provides home and community based services through NJ Family Care/Medicaid coverage to eligible participants that meet clinical and financial requirements. Division staff provide screening and assessment to determine clinical eligibility for MLTSS (for those who are 18 and above). Financial eligibility is determined by the Warren County Division of Temporary Social Services (908) 475-6301. Clinical eligibility is completed by our Division. Program income and eligibility requirements must be met.

In Home Mental Health Counseling

Our Division contracts with Family Guidance to provide limited in-home mental health counseling and assessments for older individuals and their caregivers. Through this program, immediate referrals and recommendations for long-term assistance can be arranged for people in need. *Program eligibility requirements must be met.*

Legal Services for Seniors (908) 475-2010

The Division of Aging & Disability Services contracts with Legal Services of Northwest Jersey to provide assistance on several legal issues related to benefit entitlements, housing, landlord tenant matters, and such.

Caregiver Coalition meetings are held on the third Monday of each month from 10 am to 11:30 a.m., at the Wayne Dumont, Jr. Administration Building, 165 Route 519, South in Belvidere. Meetings are open to any individuals who are involved with caregiving. In addition to the monthly meetings, educational workshops are provided throughout the year, and various free resources are available online, including educational videos and through the "Pathways For Caregivers". Visit www.UnitedWayNNJ.org/Caregivers Coalition for more information or call (973) 993-1160 ext. 305.

Care Management for Jersey Assistance for Community Caregiving (JACC Program)

Division care managers complete needs assessment and evaluate eligibility for services to help individuals 60 and older, reside at home through in-home supports. The assessment includes a benefits screening, enrollment in qualifying programs and follow-up care. Care managers arrange and authorize services, communicate with families and individuals, providers, and regularly monitor care plans.

<u>Certified In-Home Health Aides</u> (<u>JACC/APC Program</u>)

Care managers authorize and coordinate home health aide services, with contracted provider agencies serving the County. Full or partial payments for these services are available for qualified individuals. Financial and clinical eligibility requirements apply for JACC programs. *Cost share may apply* for JACC consumers based on income.

Area Plan Contract (APC) health aide services are offered to assist short term, for those pursuing a JACC/ MLTSS pending approval *

Chore Corps Services (Unskilled Volunteers)

Volunteers perform minor home repairs which older individuals (60 and above) are unable to perform themselves. *Program guidelines apply*.

Community Senior Centers (Nutrition Education, Physical exercise. Health Meals. screens. socialization, recreation and wellness education) Warren County Community Senior Centers provide senior residents (60 and above) an opportunity for socialization, recreation, a well balanced lunch along with educational programs and health screenings. Some of our health & wellness programs including Tai Chi. Yoga and Zumba Gold and Meditation. Individuals who require transportation to and from the senior centers, can be assisted through the County Transportation System. The senior centers are located in Hackettstown, North Warren, Washington and Phillipsburg. Locations of the senior centers are on page 11 of this brochure. For monthly menus/list of activities, call us at (908) 475-6591.

Division's Newsletter

The Division mails newsletters with updated topics to over 7000 senior households in Warren County, between 3-4 times year. Call the Division to be added on our newsletter distribution list.

Emergency Utility Assistance

Limited financial assistance is available to older individuals (60 and above) who are faced with emergency utility or fuel assistance needs. Consumers are required to apply for ongoing State Energy Assistance Programs. This program is offered through NORWESCAP. Referrals are completed through the Division. *Program guidelines apply.*

Meals at Home Program (908) 689-4140

Daily meals are delivered to homebound residents of Warren County through volunteers from the Visiting Homemaker Service (VHS) of Warren County. Nutrition assessments and education services are also available. Services are offered at the following locations:

- Blairstown
- Hackettstown
- Phillipsburg
- Washington

Home Safety and Environmental Adaptations

Through a contract with NORWESCAP, Inc. minor home repairs are provided to address unsafe environment for the older adult and their caregivers. Grab-bars, handrails, and steps repair are examples of tasks that can be done. All referrals require authorizations by Division of Aging & Disability Services staff. Individuals should not be eligible for services through any other assistance programs.